



## BiG Summer 2014 Holiday Football Programme 1 Schedule

		<b>Morning</b>		<b>Afternoon</b>	
Mon 28 <sup>th</sup> Jul	Introductions & warm-up activities	Skittle, chest & fun football matches	Fun warm-up & passing drill	Dribble & turns & shooting game	
Tue 29 <sup>th</sup> Jul	Fun warm-up & passing drill	Base football & fun football matches	Keep ball game & passing in traffic	Bench ball & fun football games	
Wed 30 <sup>th</sup> Jul	Fun ball mastery games	Movement, & fun shooting games	Space recognition game	Cricket football & fun matches	
Thu 31 <sup>st</sup> Jul	Agility work & finishing game	Passing drill & End Zone & fun matches	Dribble or pass game	Football tennis & fun matches	
Fri 1 <sup>st</sup> Aug	Fun warm-up	<b>TOURNAMENT DAY</b>			

		<b>Morning</b>		<b>Afternoon</b>	
Mon 4 <sup>th</sup> Aug	Introductions & warm-up activities	Keep ball, shooting & fun games	Awareness & Movement games	Chest & fun football matches	
Tue 5 <sup>th</sup> Aug	Fun warm-up & passing drill	Keep ball through gates & fun matches	Agility work & rotation game	Bench ball & fun football games	
Wed 6 <sup>th</sup> Aug	Fun ball mastery games	Passing drill & fun shooting games	Fun ball mastery games	Keep ball game & Tag cricket game	
Thu 7 <sup>th</sup> Aug	Fun warm-up & keep ball game	Passing drill & fun matches	Spatial awareness game	Football tennis & fun matches	
Fri 8 <sup>th</sup> Aug	Fun warm-up	<b>TOURNAMENT DAY</b>			