

BiG Summer 2014 Holiday Football Programme 2 Schedule

Morning

Afternoon

Mon 11 th Aug	Introductions &	Skittle, chest & fun	Fun warm-up &	Dribble & turns &
	warm-up activities	football matches	passing drill	shooting game
Tue 12 th Aug	Fun warm-up &	Base football & fun	Keep ball game &	Bench ball & fun
	passing drill	football matches	passing in traffic	football games
Wed 13 th Aug	Fun ball mastery	Movement, & fun	Space recognition	Cricket football &
	games	shooting games	game	fun matches
Thu 14 th Aug	Agility work &	Passing drill & End	Dribble or pass	Football tennis &
	finishing game	Zone & fun matches	game	fun matches
Fri 15 th Aug	Fun warm-up	TOURNAMENT DAY		

Morning

Afternoon

Mon 18 th Aug	Introductions &	Keep ball, shooting &	Awareness &	Chest & fun
	warm-up activities	fun games	Movement games	football matches
Tue 19 th Aug	Fun warm-up &	Keep ball through	Agility work &	Bench ball & fun
	passing drill	gates & fun matches	rotation game	football games
Wed 20 th Aug	Fun ball mastery	Passing drill & fun	Fun ball mastery	Keep ball game &
	games	shooting games	games	Tag cricket game
Thu 21 st Aug	Fun warm-up &	Passing drill & fun	Spatial awareness	Football tennis &
	keep ball game	matches	game	fun matches
Fri 22 nd Aug	Fun warm-up	TOURNAMENT DAY		