



Do you like to play football?



Autumn half term 2018 Holiday Football Programme, Monday to Friday between 10am to 3pm and 22nd to 26th October 2018

For more information, ring Lionel Best on 07908 950 630, go on the BiG website

(www.bestysinspirationalguidance.co.uk) or e-mail lionel.best@sky.com

The programme will be run at Rosendale Playing Fields, Rosendale Road, SE21 8LP.

Includes fun football activities, designed to encourage positive behaviour and leadership skills through its popular points system, with a trophy given out for earning the most points!

For just £45 for the whole week (or £40 if you book by 5th October 2018)



Book by Friday 5th October 2018 to pay the 'Early Bird' rate!

BiG 2018 Half Term Holiday Football Programme Schedule

Morning

Afternoon

Mon 22 nd Oct	Introductions & warm-up activities	Skittle, chest & fun football matches	Fun warm-up & passing drill	Dribble & turns & shooting game
Tue 23 rd Oct	Fun warm-up & passing drill	Base football & fun football matches	Keep ball game & passing in traffic	Bench ball & fun football games
Wed 24 th Oct	Fun ball mastery games	Movement, & fun shooting games	Space recognition game	Cricket football & fun matches
Thu 25 th Oct	Agility work & finishing game	Passing drill & End Zone & fun matches	Dribble or pass game	Football tennis & fun matches
Fri 26 th Oct	Fun warm-up	TOURNAMENT DAY		

