



## Do you like to play football?



Be part of the BiG Half Term 2018 Holiday Football Programme, for a memorable experience Monday to Friday between 10am to 3pm and 12<sup>th</sup> February to 16<sup>th</sup> February 2018 for just £45 for the whole week (or **£40 if you book by 31<sup>st</sup> January!**)

Ring Lionel Best (07908 950 630), or e-mail ([lionel.best@sky.com](mailto:lionel.best@sky.com))  
[www.bestysinspirationalguidance.co.uk](http://www.bestysinspirationalguidance.co.uk)

The programme will be run at Rosendale Playing Fields, Rosendale Road, SE21 8LP.

Will include fun football activities, is designed to encourage positive behaviour and leadership skills through its popular points system, with a trophy given out for earning the most points!



Full details of schedules and activities are overleaf

# BiG Half Term 2018 Holiday Football Programme Schedule

	Morning		Afternoon	
Mon 12 <sup>th</sup> Feb	Introductions & warm-up activities	Skittle, chest & fun football matches	Fun warm-up & passing drill	Dribble & turns & shooting game
Tue 13 <sup>th</sup> Feb	Fun warm-up & passing drill	Base football & fun football matches	Keep ball game & passing in traffic	Bench ball & fun football games
Wed 14 <sup>th</sup> Feb	Fun ball mastery games	Movement, & fun shooting games	Space recognition game	Cricket football & fun matches
Thu 15 <sup>th</sup> Feb	Agility work & finishing game	Passing drill & End Zone & fun matches	Dribble or pass game	Football tennis & fun matches
Fri 16 <sup>th</sup> Feb	Fun warm-up	<b>TOURNAMENT DAY</b>		

