



Do you like to play football?



Easter 2017 Holiday Football Programme, Monday to Friday between 10am and 3pm and 3rd April to 14th April 2017

For more information, ring Lionel Best on 07908 950 630, go on the BiG website

(www.bestysinspirationalguidance.co.uk)
or e-mail lionel.best@sky.com

The programme will be run at Rosendale Playing Fields, Rosendale Road, SE21 8LP.

Includes fun football activities, designed to encourage positive behaviour and leadership skills through its popular points system, with a trophy given out for earning the most points and give-aways for everyone!



Full details of schedules and activities are overleaf

BiG Easter 2017 Holiday Football Programme Schedule

	iviorning		Atternoon	
Mon 3 rd Apr	Introductions	Skittle, chest &	Fun warm-up &	Dribble &
	& warm-up	fun football	passing drill	turns &
	activities	matches		shooting
				game
Tue 4 th Apr	Fun warm-up	Base football &	Keep ball game	Bench ball &
	& passing drill	fun football	& passing in	fun football
		matches	traffic	games
Wed 5 th Apr	Fun ball	Movement, & fun	Space	Cricket
	mastery	shooting games	recognition	football & fun
	games		game	matches
Thu 6 th Apr	Agility work &	Passing drill &	Dribble or pass	Football
	finishing	End Zone & fun	game	tennis & fun
	game	matches		matches
Fri 7 th Apr	Fun warm-un	TOURNAMENT DAY		

Mon 10th Apr Keep ball, Chest & fun Introductions Awareness & shooting & fun & warm-up Movement football activities matches games games Tue 11th Apr Fun warm-up Keep ball through Agility work & Bench ball & & passing drill gates & fun fun football rotation game matches games Wed 12th Apr Fun ball Passing drill & fun Fun ball Keep ball shooting games game & Tag mastery mastery games cricket game games Thu 13th Mar Fun warm-up Passing drill & fun Spatial Football tennis & fun & keep ball matches awareness matches game game

Afternoon

Morning

Fri 14th Apr

Fun warm-up



TOURNAMENT DAY