

BENEFITS FOR YOU!!!

Being a member of the BiG Youth Group will help develop your confidence through discussions with a range of diverse people



"Confidence and self-belief are the first steps of success!"



"People skills is not to be underestimated as those with good interpersonal skills always leave a lasting impression"

Being a member of the BiG Youth Group will help develop your interpersonal skills through participation at meetings with professionals



Being a member of the BiG Youth Group will help develop your empathy and compassion for others through listening to key issues from others perspectives



"Until you can see the world through another person's eyes, it will be hard to be the best person you can be"

Being a member of the BiG Youth Group will give you a voice and a say on what happens in your community

"The community belongs to everyone so why not help shape it!"



"Lionel of BiG is a very professional, patient and dedicated community -minded individual, who has a passion for football which shows in his attitude and coaching. He is prepared to take time to talk to also develop the person."

"Lionel of BiG helped my son mentally where my son became confident and his self-esteem was lifted considerably. When my son was having difficulty adjusting to a change in his circumstances Lionel spoke to him and my son immediately adjusted and took all Lionel said on board."

<http://www.bestysinspirationalguidance.co.uk/>

THE **BiG** YOUTH GROUP

BESTY'S
INSPIRATIONAL
GUIDANCE



DO YOU WANT TO HELP SHAPE YOUNG PEOPLES' FUTURES IN YOUR COMMUNITY?

We are looking for young creative thinkers with enthusiasm who care about their community to be part of the BiG Youth Group. You will be instrumental in designing, developing and evaluating all services delivered by the BiG C.I.C. The BiG Youth Group will be the voice for young people so all services provided by the BiG C.I.C are children and young people centred focused, from young peoples' perspective, and delivered through young peoples' eyes. The main role and responsibilities include positively critiquing all services delivered and practises adopted by BiG C.I.C. for the benefit of young people.

To find out more, contact Lionel Best on 07908 950 630, or send e-mail to lionel.best@sky.com



Come and be a part of BiG's decision making process!



"The BiG programme has taught me a number of things which I have been able to embed into my everyday routines as well as into other coaching regimes. Besides the fantastic opportunity to work with children of different ages and abilities, it has also taught me the importance of planning, organising and being flexible in my work and what I am able to offer as a person."

Lionel Best

Director of Operations and Inspirational Life Coach

BIG (Bestys inspirational Guidance) C.I.C.

Tel: 07908 950 630

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www.bestysinspirationalguidance.co.uk

www.facebook.com/BiG2011

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"My son begun the BiG programme as a very quiet and kept himself to himself type of child, but by the end of the two weeks, had remarkably changed into a young man who had matured (as much as one can over a few weeks), was discussing different aspects of life and where he could see himself"

About The **BIG** C.I.C.



BiG (Besty's Inspirational Guidance) is a Community Interest Company that offers preventative services, designed to instil foundations that positively influence and change the mindset of young people through effective mentoring and play. Through activities used to deliver our services, young people learn to use growth mindset strategies, supporting them to become more determined, more resilient to pitfalls and also how to implement their own steps to resolve their own problems.

BiG C.I.C. designs, develop and delivers effective activities using sport and team building games that instils life enhancing skills in young people and we have been successful and have an impeccable track record in reaching children and young people who are disenfranchised, who have exhibited problems with behaviour, and who have developed a mindset that their future is fixed by current circumstances and they have no way of improving their life chances. Our programmes are designed to demonstrate that through focus and effort, they can quickly develop social and personal skills, build self-esteem, confidence and position themselves to be more prosperous in education or finding employment. We are committed to empowering inspiring and positively guiding young people from cross-community groups especially reaching out to those who are vulnerable and / or at risk, and low income and socially disadvantaged families and our aim is that they leave our programmes wanting to become role models within their own peer groups.

