

# BENEFITS OF LEADERSHIP

32% of students thought they developed their confidence & self-belief

"I can now speak to the class and I am not scared"



60% of students thought they developed their own ideas to overcome their own challenges

"I have learned to approach challenges in different ways"



52% of students thought they developed their resilience & determination

"Since participating in the programme, I feel like I Challenge myself more so when I get stuck now, I try more"



52% of students thought they now embrace and appreciate the importance of feedback

"When I do something, I listen to feedback more now so I can make myself better"



"The programme helped develop the children's personal and social skills such as leadership, interpersonal and organisational skills whilst raising their self-esteem, confidence and resilience.

Lionel was dedicated, passionate and highly organised. The activities the children undertook were always well planned, resourced, interactive, engaging, imaginative and developmental!"

Lisa - P.E. & Clubs School Improvement Leader

<http://www.bestysinspirationalguidance.co.uk/mentoring/leadership-programme>

# THE **BiG LEADERSHIP**



## PROGRAMME

The BiG Leadership programme is a fun way of developing key skills through play where participants learn how to plan, organise and deliver fun activities and games to their peers, whilst activating their growth mind-set. They appreciate how to take all participants feelings, ability levels and needs into consideration when organising their peers into groups or teams, learn how to use different communication styles so they are clear and concise such as demonstrations, non-verbal communication and how to project their voices appropriately. They also learn how to ensure safety for all, thinking about what games they should to play and what type of equipment to use based on the space they have available to deliver their activity.

To find out more, contact Lionel Best on 07908 950 630, or send e-mail to [lionel.best@sky.com](mailto:lionel.best@sky.com)

"Children in my class developed strong leadership skills and showed resilience when facing difficult problems. They were encouraged to plan and deliver their PE sessions and all children really benefited from peer to peer learning through effective feedback. This helped their leadership skills and also their confidence which was also seen in the classroom, with more children willing to take risks and step out of their comfort zone!"

Tom - Year 8 Teacher

## Lionel Best

Director of Operations and Inspirational Life Coach

**BIG (Bestys inspirational Guidance) C.I.C.**

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[www.bestysinspirationalguidance.co.uk](http://www.bestysinspirationalguidance.co.uk)

[www.facebook.com/BiG2011](https://www.facebook.com/BiG2011)

[www.twitter.com/BestysBiG](https://www.twitter.com/BestysBiG)

## About The **C.I.C.**

BiG (Besty's Inspirational Guidance) is a Community Interest Company that offers preventative services, designed to instil foundations that positively influence and change the mindset of young people through effective mentoring and play. Through activities used to deliver our services, young people learn to use growth mindset strategies, supporting them to become more determined, more resilient to pitfalls and also how to implement their own steps to resolve their own problems.

BiG C.I.C. designs, develop and delivers effective activities using sport and team building games that instils life enhancing skills in young people and we have been successful and have an impeccable track record in reaching children and young people who are disenfranchised, who have exhibited problems with behaviour, and who have developed a mindset that their future is fixed by current circumstances and they have no way of improving their life chances. Our programmes are designed to demonstrate that through focus and effort, they can quickly develop social and personal skills, build self-esteem, confidence and position themselves to be more prosperous in education or finding employment. We are committed to empowering inspiring and positively guiding young people from cross-community groups, especially reaching out to those who are vulnerable and / or at risk, and low income and socially disadvantaged families and our aim is that they leave our programmes wanting to become role models within their own peer groups.

